

## Philip E. Spiezio Safety Officer

## WASHINGTON COUNTY SAFETY OFFICER

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## The Safety "PINS"

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## Water Safety



According to the National Safety Council about 3,000 people die every year from drowning. The age group that is hit the hardest are children four years of age and younger. Most of these incidents occur from a child falling into a pool or left alone in a bathtub.

Here are a few tips to consider the next time you seek relief from the summer's heat:

Always follow the posted safety precautions when visiting beaches, water parks, or public pools.

When boating, always use life jackets or approved personal floatation devices and never consume alcohol when operating a boat. Limit alcohol while swimming.

Teach your children to swim over the age of three. Teach your children to always swim with a buddy, don't dive into unknown bodies of water, don't push or jump on others and always be prepared for an emergency.

Never leave a child alone near water, whether you are at the beach, pool, or at home in the bathtub.

Keep in mind young children can get into trouble around buckets of water, toilets and hot tubs as well.

Remember that there may be undertows not just in the ocean, but also in rivers and lakes.

Learn CPR...... And remember to bring a phone with you so that you will be able to call 911 immediately - if something should go wrong. Every second counts!!! Visit nsc.org to obtain further information on water related safety topics.

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